



HAND WASHING POLICY

The most important measure in control and protection of infection is to ensure good personnel hygiene at all times.

This means hand washing with hot water and liquid soap and thoroughly drying.

HAND WASHING MUST BE PRACTISED BY EVERYONE.

Before:-

- 1) Preparing food and snacks/baby bottles
- 2) Eating meals and snacks
- 3) Treating injuries
- 4) Assisting children to eat

After: -

- 1) Going to the toilet
- 2) Dealing with sick people/children
- 3) Preparing food including snacks
- 4) After handling, feeding or dealing with pets or pets equipment
- 5) Treating an injury
- 6) Changing nappies and toilet sessions and potty times.

Children should be encouraged to wash their hands after every toilet visit and before meals including snacks. Handwashing should be supervised by staff and used as a learning experience.

Please refer to effective hand washing posters displayed in all hand washing areas.