



BOTTLE FEEDING

Staff at Playtime follow guidelines for preparing formula milk for infants from the Department of health and the Food Standards Agency.

- Parents to provide the nursery with baby bottles, the nursery will then label each bottle
- Parents to inform the nursery of any changes to child feeding routines, children feeding routines are to be displayed for all staff to view.
- Playtime will provide the **formula powder inside its original container**: this is the best way for practitioners to ensure they are preparing feeds correctly, in accordance with the guidelines detailed on the packet or tin.

Label formula container with **child's full name and date of opening and end date.**

Key person will ensure that all information on the child's bottle feeds are kept up to date so the whole team are aware in case of any absences from nursery.

According to the Food Standard Agency and Department Of Health, the best way to prevent a baby becoming ill is to make up all formula feeds fresh, as and when they are required by the baby.

We will follow the routine below to ensure best practice when carrying out this task:

- Clean the surface thoroughly on which to prepare the feed
- Wash hands with soap and water and then dry
- Use a bottle prep filter system to make bottles. The system removes impurities in water and the initial "hot shot "of water kills bacteria that may be present. It then dispenses the correct amount of water at the correct serving temperature for a more accurate and consistent dilution. Add the exact amount of formula as instructed on the label.
- Re-assemble the bottle following manufacturer's instructions.
- Shake the bottle well to mix the contents.
- Check the temperature by shaking a few drops onto the inside of your wrist – it should feel lukewarm, not hot.
- Discard any feed that has not been used within two hours.